

Sarah L. Blum

Sarah L. Blum is a champion for justice and is working to heal the profound damage of Military Sexual Trauma (MST) rampant in the U.S. Military. A decorated nurse Vietnam veteran who earned the Army Commendation Medal for her service as an operating room nurse at the 12th Evacuation Hospital Cu Chi, Vietnam during the height of the fighting in 1967, Sarah was awarded the Certificate of Achievement for exemplary service at Madigan Army Hospital in 1968.

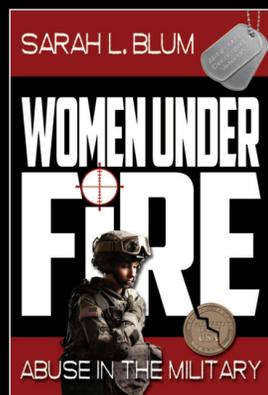
She received her Bachelor's Degree, Summa Cum Laude, from Seattle University and her Master's, Cum Laude, from U.W. At age 74, Sarah remains a practicing nurse psychotherapist with over 29 years experience working with PTSD and trauma resolution. She did two TV specials on KOMO TV and KING 5 TV, was featured in Myra McPherson's book, *Long Time Passing: Vietnam the Haunted Generation*; and *In the Combat Zone: An Oral History of American Women in Vietnam*, and her writing published in both *Truthout* and *The Seattle Times*.

Sarah was one of the first two women elected to the National Board of Directors of the Vietnam Veterans of America in 1983. Her article "Our Military Fighting to Keep its Culture of Abuse" was published in *Truthout*, February 24, 2014 and a second article, "Military and Congressional Leadership Failure" was published in *Truthout* on March 19, 2014.

Sarah L. Blum is a well respected, candid, professional with facts, figures and 40 years of hands-on expertise. She is a wise and vibrant woman whose passionate voice is much needed to speak out against the culture of abuse in America's military. She interviewed 60 women veterans from WW II to current day to write *Women Under Fire: Abuse in the Military*.

Contact

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Decorated Nurse Vietnam Veteran Reveals Failure of Military Leadership

Story Ideas

- Why our military is the best place for sexual predators.
- Why do America's military leaders protect rapists in their ranks?
- Veteran voices denounce the military culture of abuse: How our military can restore their honor and bring justice to women veterans.
- U.S. Senate turns their back on women assaulted in the military by defeating the Military Justice Improvement Act.
- If not solved, this military sexual assault epidemic will destroy the military from the inside out.
- Military sexual assault victims are ostracized—their perpetrators get a wink and a nod: General Sinclair gets wrist slapped. (News 3/17/14)
- This nurse psychotherapist helps veterans with PTSD: Learn her top tips anyone can use to deal with their trauma.
- Sarah has an Aikido Black Belt and teaches people Aikido principles and how to stand up to bullies.
- Sarah can teach people to tap their way to health and fulfillment.
- Sarah will show people how to use EFT to eliminate everyday anxiety and fear.



Author Sarah L. Blum

- America's brave service women are being raped every 20 minutes.
- Military sexual assaults increased 35% in 2012 and 60% in 2013.
- 95% of sexual assaults in the military are from repeat offenders.

“ Sarah Blum’s book, *Women Under Fire*, is a stunning revelation of sexual abuse in the U.S. Armed Forces. As Blum's book makes scathingly clear, this criminal activity—demeaning, degrading and despicable—is far too prevalent in each of the armed services. Action is needed—comprehensive, effective and swift—before sexual abuse rips out the very heart of the military.”

— **Lawrence Wilkerson, Colonel, US Army** (Retired), former chief of staff to secretary of state Colin Powell, and Distinguished Visiting Professor of Government and Public Policy at the College of William and Mary

“ Sexual abuse makes a mockery of military codes of honor and courage. Despite vows to protect the United States of America, some soldiers turn on their own comrades in acts of violence.”

— **Thom Hartmann** the #1 progressive radio talk show host in the US and a *New York Times* bestselling author

“ A riveting feminist view of women who have served in the military, *Women Under Fire* is one of the few books now available about women veterans, that represents older women who served from many eras. The fact that the author served as a nurse in Vietnam, and has been advocating and actively engaged with younger women via social networking, speaks to the depth of her understanding and the tenacity of her commitment to her sisters. Nurses are healers, Sarah is a nurse trying to heal the bodies and souls of her sisters as she informs the world about their issues and shares their stories.”

— **Patricia Lee Stotter** www.servicethefilm.com

“ Thank you for giving a voice to so many women. It was very powerful. I can't thank you enough for taking the time to connect with me on a personal level to ensure accuracy and for telling my story in such detail. I was apprehensive in the beginning, but now I see the importance of transparency and how my story can help others. You are a very courageous lady and I thank you for your unwavering commitment to justice. If I can be of further assistance to you in any way please let me know.”

— **Mrs. Sally Griffiths**

“ Sarah's book is stunning!”

— **Pam Binder** President of the Pacific Northwest Writers Association

“ Blum's recently released book, seven years in the making, is an unflinching, steely-eyed examination of the extraordinary culture of violence and sexual abuse within the armed forces.”

— **Auburn Reporter**

“ In her new book, *Women Under Fire*, Sarah Blum highlights the stories of service women who face extreme levels of abuse and harassment in the service of their country. The nurse Vietnam veteran wrote the book to call for an unbiased reporting and prosecution – a basic human right currently denied to survivors of MST. This book is a **MUST READ.**”

— **Invisible War Team on Facebook**